

Torsten Park

Torsten Park was a professional tennis player from 1987-1995.

From 1996-1997 he coached at the renowned Niki Pilic Academy in Munich. In the same year he completed his education as Experience Oriented Management Trainer with TAM.

From 1999-2000 he also became Inner Game Trainer and HDI Trainer and from 2002-2004 he received training in the ChallengeX method.

From 1997-2000 Torsten worked as Management Assistant for Martin Herrmann at Herrmann & Associates, where he has been working as consultant and trainer since 2000 and co-developed the ChallengeX Method. His main focus lies on coaching, organizational and team development, leadership development and organizational change.

Torsten also works as fitness trainer and coach for executives.

His clients have included BMW, Völkl, Carpus und Partner, Lufthansa and EADS.